

CB Kids Triathlon AM Session

1) Location and Time:

- Central Bucks High School South (front parking lot) by **7:00 AM to 1:00 PM.**
- 1100 Folly Rd, Warrington, PA 18976

2) What to bring:

- A bottle of water
- Snack
- Sun Screen / Hat / Jacket

3) Volunteer Check-In:

- Go to the rear parking lot and please find the yellow Volunteer Check-In flag.
- All volunteers will receive a Volunteer T-Shirt or reflective vest based on their assignment. Please wear this during the race to show you are there to support the athletes.

3) *****IMPORTANT***** During the race:

- Please support the athletes by cheering them on. This really helps bring a positive feeling to the race and makes it a great day for everyone. Cell phones should be used for emergencies only. Please do not use them during the race.
- Please be attentive to the athletes and watch for any concerns you see on the course.
- If you see a problem during the race or have a concern you need to share with the race staff, please:
 - use the Emergency Contact Form that you will receive when you check-in to contact a coordinator.
 - find a race staff member in a grey shirt with a two-way radio.

4) After volunteering:

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